

## **Matsutake Camping (July End – Aug 2009)**

06 Days/ 05 Nights

### **Day 01: Arrival in Paro – Thimphu (1 Hr)**

Transfer to Thimphu by car/bus. After lunch sightseeing around Thimphu. Evening one can wander on your own to stroll Thimphu streets or relax in your hotel.

**Overnight: Thimphu | Altitude: 2300m**

### **Day 02: Thimphu – Genekha**

Morning drive until the village school of Genekha. Start your hike through the dirt road and the quiet little village of Genekha. Camp near Genekha zam. After lunch join the horsemen and the locals for the Matsutake hunting in the forest. Fresh Matsutake for dinner.

**Overnight: Genekha zam | Altitude: 2850m**

### **Day 03: Genekha Halt**

After breakfast start your mushroom hunt in the forest with the locals. Lunch in the camp, relax after lunch. Later after the fresh Matsutake dinner join the local horseman for the singing competition with bonfire.

**Overnight: Genekha zam**

### **Day 04: Genekha – Paro**

After breakfast trace your way back to the school where your driver will be waiting for you. Start your drive for Paro (1 ½ Hr). Evening stroll around the old Paro town and peep into some local handicrafts stores. One can also venture to try local restaurant for dinner.

**Overnight: Paro | Altitude: 2200m**

### **Day 05: Paro sightseeing**

Morning visit the National Museum, the first of its kind which has a collection from natural history to religious paintings. Visit 17 century Paro Dzong (Fortress) on foot and continue walking through the oldest wooden bridge still in use. Hike to Tiger's Nest, the most revered temple in the country that literally hangs on a granite cliff overlooking the Paro Valley.

**Overnight: Paro**

### **Day 06: Departure**

Transfer to airport for your departure flight. Our tour staff will bid you farewell.

### **Some useful Bhutanese phrases**

Hello: Ku-zu-zam-po-la (meaning good health)

Thank You: Ka din chey la

See you: Lok jey gay

Good bye: Lus la "or" Laso la